

# FTA Flam Rudiment Builder

1 **Flam**

R R R R R R R R L L L L L L L L

3

R L R L R L R L R L R L R L

5 **Flam Accent**

R R R R R R R R R R R R R R R R

7

L L L L L L L L L L L L L L L L

9

R L R L R L R L R L R L R L R L R L

11 **Flam Paradiddle**

R R R R R R R R R R R R R R L L L L L L

15

L L L L L L L L L L R L R R L R L L

18

R L R R L R L L R L R R L R L L

20 **Pataflafla**

R R R R R R R R R R L L L L L L L L L L

24

R L R L R L R L R L R L R L R L R L

26

R L R L R L R L R L R L R L R L R L

28 **Flam Tap**

R R R R R R R R L L L L L L L L

32

R R L L R R L L R R L L R R L L

34

R R L L R R L L R R L L R R L L

36 **Inverted Flam Tap**

R R R R R R R R L L L L L L L L L L L L L L

40

R L L R R L L R R L L R R L L R

42

R L L R R L L R R L L R R L L R

44 **Flamacue (Right Hand Lead)**

R R R R R R R R L L L L L L L L L L L

48

R L R L R L R L R L R L R L R L R L R L R L R L R L R L R L

52 **Flamacue (Left Hand Lead)**

L L L L L L L L R R R R R R R R R R R

56

L R L R L R L R L R L R L R L R L R L R L R L R L R L R L R

## Flam Paradiddle-diddle

60

R R R R R R R R L L L L L

64

L L L L L L R L R R L L L R L L R R R L R R

68

L L L R L L R R R L R R L L L R

70

L L R R R L R R L L L R L L R R

## Single Flammed Mill

72

R R R R R R R L L L L L L

75

L L L L L R R L R L L R L R R L R L L R L

## Swiss Army Triplet (Right Hand Lead)

78

R R R R L L L L L L L L

80

R R L R R L R R L R R L R R L R R L R R L

## Swiss Army Triplet (Left Hand Lead)

82

L L L L R R R R R R R R

84

L L R L L R L L R L L R L L R L L R L L R

Flam Drag

86 **12/8**

R R RR R R RR R R RR R R RR

88

LL L L LL L L LL L L LL L L

90

R LLR L RRL R LLR L RRL R LLR L RRL R LLR L RRL